

NOVEMBER/DECEMBER 2024 DISTRICT 7 NEWSLETTER

From our DCM

DCM Report for November 9, 2024

Last month I attended the Area 92 October Inventory Assembly in Coeur d'Alene. Thank you to all of the GSRs and other District 7 Trusted Servants who participated. I attended the monthly DCM/Alt DCM sharing session and three Area 92 Technology Committee meetings. I missed the monthly Area 92 Literature Committee meeting but had a good talk with Ricky, our Area 92 Grapevine and Literature Chair at the Assembly. I also attended the District 7 Ad-Hoc Handbook Committee meeting.

This month I plan on attending the District 7 Archives Committee meeting, which is moving to Saturdays! I also plan on attending the Area 92 Technology Committee meetings, the DCM/Alt DCM sharing meeting and the Area 92 Literature Committee meeting.

We should be receiving information soon from the GSB on the Proposed Agenda Items (PAIs) that will be considered for the 75th General Service Conference. Our District will again be asked to help review the Literature items, and we were informed by our Delegate Lisa that she is going to add a couple of more Districts to Literature, due to the expected high number of PAIs related to literature. I will send those out to the groups as soon as I receive them.

Please let me know if there is anything I can do to help your groups or your committees be successful.

YILAS,

Jim B.
DCM - Area 92, District 7, Panel 74

AREA 92 DISTRICT 7 AA

UPCOMING EVENTS

November 22 Colfax Gratitude Potluck and Speaker Meeting, doors open at 4:00, meal at 5:00, speakers at 6:30 . Palouse Empire Fairgrounds, 322 Fairgrounds Rd., Colfax, WA.

November 27 Asotin Group Dessert Potluck and Speaker Meeting, 6-8pm Methodist Church Basement, 313 2nd St., Asotin, WA.

November 28 Annual Alano Club Thanksgiving Dinner, 2:00 pm, turkey and ham provided, please bring a side dish. LC Alano Club, 1435 Elm St., Clarkston, WA.

December 1 Clearwater Canyon Group 35th Anniversary Celebration, Potluck and Speaker Meeting, 10:30 am, Lenore Community Center. Main dish provided, please bring a side dish or dessert.



DISTRICT 7 TRUSTED SERVANTS

- DCM...Jim B.**
dcm7@area92aa.org
- Alt-DCM...Alice P.**
alt-dcm7@area92aa.org
- Treasurer...Dennis**
denpbab@gmail.com
- Archives...OPEN**
- Corrections...James P.**
- Cooperation with the Professional Community (CPC)...OPEN**
- Grapevine/LaVina/Literature... Danny Ho** dho724rider@gmail.com
- Newsletter...Susan C.**
d7newsletter24@gmail.com
- Public Information (PI)...Emilio L.**
- Secretary ... OPEN**
- Treatment/Accessibility...OPEN**
- Web Servant...Greg F.**
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A little bit of AA history

The origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the Oxford Group.

Rowland later introduced fellow Vermonter Edwin ("Ebby") T. to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had been ruined by continuous and chronic alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still drinking.

Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

From A.A. Timeline, aa.org.

Newsletter Submissions Needed

Please send your news, flyers, event details, stories, poetry, and your messages of experience strength and hope. Send submissions to d7newsletter24@gmail.com.

YILAS - Susan C.

Meeting Changes

RTFB Group - Location Change, as of 9/21, RTFB will be meeting at 1211 Washington St., Clarkston

Orofino Lunch Bunch, after closing for October, has reopened with changed times and location. It is now at Change Point, 155 Main Street, and meets Tuesday, Wednesday, Thursday at 12:00.

Orofino Women's Meeting has changed location, time and day. It is now 7pm on Saturdays at 155 Main Street, Suite C.

OPEN SERVICE POSITIONS

There are still a few open service positions at the district level. Current open positions are:

Archives

Secretary

Cooperation with the Professional Community

Treatment/Accessibility



Check out our Area 92 Newsletter for much more information about AA happenings near and far!

Mission Statement:

To report directly to those we serve, to publicize AA events, to be a forum for sharing and comment.

If you would like to get involved in service and are interested in one of these positions, please submit a service resume. Resumes may be submitted via email or in person at District 7 Business Meetings

Spot Light on The Pink Can

The Pink Can has been the topic of a lot of discussion around our Area and District lately. In order to find out more about the history of the Pink Can, I looked up the Box 459 article, "Pink Cans: Small Change Brings Big Results," cited in the background information for the recent Area 92 corrections motion. Here is an excerpt from that article. You can read the complete article [here](#).



A large number of inmates in correctional facilities in the U.S. and Canada are in prison because of alcohol, and the flip side is that many of these alcoholics have found the Fellowship in prison. But the quest for sobriety doesn't come easily behind the walls. Most incarcerated alcoholics have just one meeting a week available to them, and many others are on waiting lists and can get to none at all. That reality underlines the need to send literature into prisons to carry the message in print through the Big Book, other A.A. books and pamphlets, and the A.A. Grapevine. How to raise enough money to keep a supply of literature flowing? Corrections committees throughout the service structure make raising money for literature a priority, and one idea that has become popular in some areas is having a pink can (or perhaps a blue or green one) prominently displayed on group literature tables as a way of collecting money for literature for prisons.

The concept originated (as far as we know) in the Northern California Area in 1957. The area Hospital and Institutions committee (H&I) was rapidly expanding its work in prisons, and the need for literature was increasing by leaps and bounds, to the point where it could no longer be met by individual contributions. Someone came up with the idea of passing around a can at group meetings, explaining that the pennies, nickels, dimes, and quarters dropped into the can were intended for alcoholics in prisons and hospitals. How to make the cans stand out? Paint them pink.

The idea caught on, and eventually groups throughout North America began displaying pink cans on their literature tables. In Northern California, the original one-quart paint cans have been replaced by plastic containers with screw-on, slotted tops. In the beginning, some members were afraid that donations to the pink cans would decrease group contributions, and mindful of that possibility, the committee has always emphasized the importance of providing clear information. They send each group a flyer explaining what the cans are for, print information in local A.A. newsletters, and always suggest that the secretary emphasize the importance of contributing to group expenses first.

AREA 92 STANDING COMMITTEES PRESENT A

SERVICE FAIR

DECEMBER 14, 2024
12PM to 5PM

Learn about the committees at the Area and District levels and how you can participate. Booths, food, and fun!

SPOKANE ALANO CLUB
1700 W. 7TH AVE, SPOKANE, WA 99205
CONTACT PERSON: OLETA B. (509)218-1122

Support our special services to reach the still suffering alcoholic!

Celebrating Area 92 30th Anniversary

1995 - 2025

WSEA 92
1314 S Grande Blvd
Suite 2 Box 103
Spokane, WA 99202

- OR -
www.area92aa.org
Make a contribution!

The \$9.95 Challenge

Let's see how much we can raise if *every* AA member in the Area sent \$9.95 to Area 92 *once* between now and December 31st 2024

Washington State East
AREA 92
Alcoholics Anonymous

Have you checked out the Area website lately?

www.area92aa.org

Save the Date!

2025 AA International Convention

July 3-6, 2025

AA.org International Convention

Scan here

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



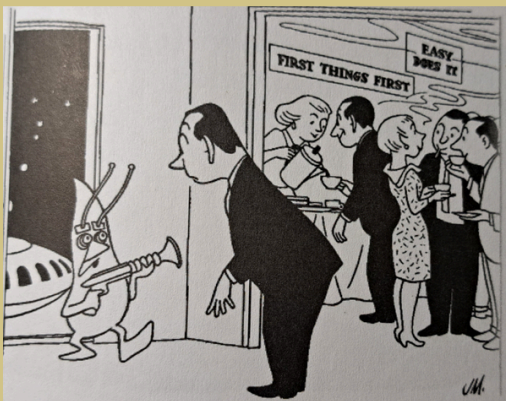
10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.



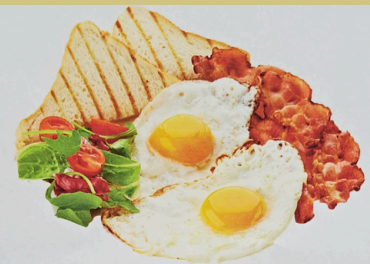
"Take me to your humble trusted servant."
from *A Rabbit Walks into a Bar*, AA Grapevine, Inc.

FELLOWSHIP BREAKFAST

Saturday mornings
at 7:30

@ the L.C. Alano Club

*This is a fundraiser for the
LC Alano Club.



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Come join us at the Alano Club Saturday morning for breakfast and fellowship at 7:30 after the 6:30 Eye Openers meeting.

- 1st Saturday: French toast, sausage, eggs, and fruit
- 2nd Saturday: Biscuits and gravy, and eggs
- 3rd Saturday: Pancakes, sausage, and eggs
- 4th Saturday: Breakfast burritos and hashbrowns
- 5th Saturday (if there is one) Cooks choice