

TODAY'S NEWS

Commitment | & | Consistency

Mission Statement

To report directly to those we serve, to publicize AA events, to be a forum for sharing and comment.

Inside This Edition

Trusted servant and GSR reports

Feature Articles

Newsletter submission info

District servant information

7th Tradition contact information

Events & Flyers

District 7 Submission Information

Newsletter...Lorri

d7newsletter@gmail.com

Website...Matthew

d7webservant@gmail.com

Flyers to...Alt DCM

alt-dcm7@area92aa.org



Greetings District 7

Newsletter Report

This month I find myself intimidated with a new service position. So after a couple false starts I reached into my spiritual toolbox. A discussion with my sponsor then onward to the Big Book. I was intuitively guided to the short story titled "He Sold Himself Short" page 287 3rd edition. And it goes like this...

...This latest part of my life has had a purpose, not in great things accomplished but in daily living. Courage to face the day has replaced the fears and uncertainties of earlier years. Acceptance of things as they are has replaced the old impatient champing at the bit to conquer the world. I have stopped tilting at windmills,



District Servant Contact Information

DCM...Kyley S

dcm7@area92aa.org

Alt-DCM...Jim B

alt-dcm7@area92aa.org

Treasurer...Shonna

TBA

Archives...Carol S

carolistegner@gmail.com

Corrections...Pat P

patrickperalo@yahoo.com

Cooperation with the Professional
Community {CPC}...**OPEN**

TBA

Grapevine/LaVina/Literature...
Michael C

TBA

Public Information {PI}...**OPEN**

TBA

Treatment/Accessibilities...**OPEN**

TBA

7th Tradition

WSEA 92 Po Box 103
Spokane, WA., 99202-1174

GSO PO Box 459
Grand Central Station,
New York, NY. 10163 or
www.aa.org click on 'Make
a contribution'

and instead have tried to accomplish the little daily tasks,
unimportant in themselves, but tasks that are an integral part of
living fully. " Reprinted with permission from A.A.W.S. Inc

Lorri T / Newsletter / District 7 / Area 92 / Panel 72

DCM Report

Hello!!

Last month's activities:

Attended January Quarterly and DCM Sharing session
with other DCM/ALT Dcm of our area. I also Met with Jim
to discuss upcoming events as well as plan out the GSR
books that we are wanting to have put together for our
GSR school. I went to the Google shared drive tips and
tricks tutorial put on by our area web servant which was
helpful for learning navigation within the google drive.

This month's activities: I will attend an Area zoom
meeting on Feb 6th to discuss the Agenda items with our
delegate and other DCM/ALT DCM.

Future Activities: GSR school in march as well as
assembly in April.

Solutions to
through the
when agitated
ask for the
action.

Yours in
Kyley S



share: As we go
day we pause,
or doubtful, and
right thought or

Service

Alt DCM Report

Last Month's Activities:

- Attended January Area Quarterly
- Attended Web Committee meeting to train/transfer to new
Web Servant
- Attended Area 92 Google Drive Training
- Attended Area 92 DCM/Alt DCM Sharing session
- Met with DCM for pre-planning on the March 12th GSR
School and April 2023 Area Assembly
- Worked on coordinating Past Delegates to facilitate March
GSR School. Guido may not be able to participate. Started
working on agenda items and binders.

Upcoming Activities

- February 6th Area 92 Agenda Summary/Review meeting
- February 12th - District 7 Business meeting including April

2023 Area Assembly Host Committee discussion

- February 22nd - Area 92 DCM/Alt DCM Sharing session
- March 12th - GSR School 10:00 AM-1:00 PM at the LC Alano Club
- March 12th - Potluck - District providing Taco Bar, Roundtable 2 and Asotin Group co-hosting and providing beverages and plates/utensils.
- March 12th - District 7 Business meeting

Jim B.

Treasurer Report ...Welcome Shonna

Archives Report

Carol S.

Corrections Report

As COVID has left many things dormant it is time we blow air back into our Big Balloon of Unity, Service and Recovery in our area.

Globally, internationally and yes even LOCALLY things are being reconsidered and talked about re-opening back up, soon.

There are 6 county Jails, 2 Prisons and 1 Juvenile center in our area.

The State facilities including the Juvenile Detention Center said they would know something in a number of weeks, that's good News!

There is also a Coordinator position open for " Inmate correspondence" and "Bridging the Gap" Services.

There is also a need of coordinators for each County Jail facility and Prison that does not have one yet.

When the lights green and the bells has rung we need volunteers to carry the Big Book and it's Message to those incarcerated in our area. It is my opinion we need to get ready, get prepared so we can be ready when called upon...I am responsible when anyone, any where reaches out for help I want to the hand of AA to be there...

Thank you for your interest and your Service, Pat P.

*****We have a date for a meeting at the Alano Club on March 4th at 6:45*****

Cooperation with the Professional Community {CPC} Report - open position

Grapevine/LaVina/Literature Report Welcome Mike C

Public Information {PI} open position

Brenda, the outgoing PI Chair reports the hotline is set up, asking for AA members to volunteer for it, just get ahold of Brenda. Telco app is used to accept the hotline calls. Happy to conduct a workshop about the hotline...Brenda

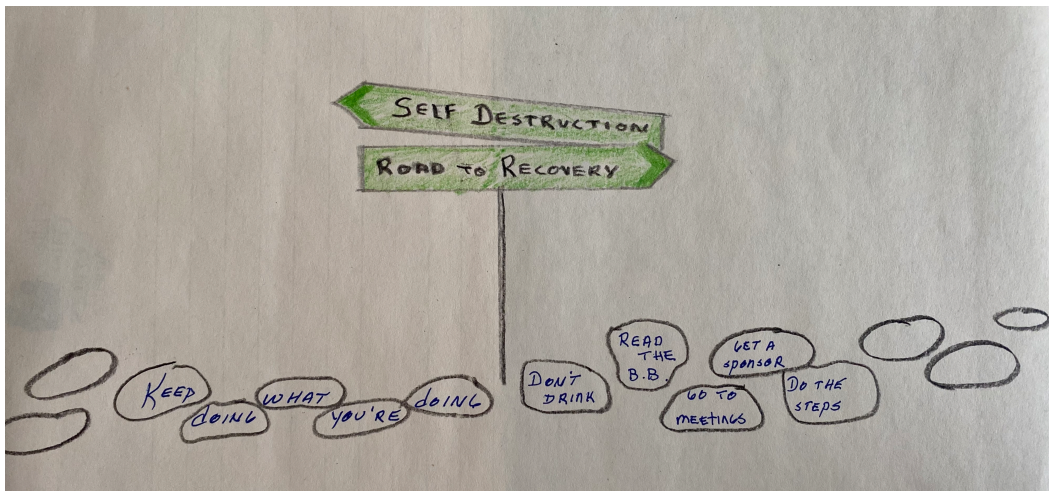
Newsletter...see front page

Web servant report... Welcome Matthew

Last month's activities: Web committee meeting & handoff of web servant chair position, passwords, & review of responsibilities. This month's activities: Web committee meeting 2/10/22.

Dale generated a QR code that redirects to the website from the newsletter.

Next month activity: **Committee meeting 2nd Thursday on the month {March 10th}**. Problems needing help with : None at this time. Solutions to share: Trust God, clean house, and help others. ...
Matthew



Feature Articles...

Why Alcoholics Anonymous is Anonymous by Bill

This article will be best understood by first recalling the anonymity traditions. Tradition 11 reads: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press radio film and TV.*" Tradition 12 states: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

As never before, the struggle for power, importance, and wealth is tearing civilization apart-man against man, family against family, group against group, nation against nation. Nearly all those engaged in this fierce competition declare that their aim is peace and justice for themselves, their neighbors, and their nations. "Give us power," they say, "and we shall have justice, give us fame and we shall set a great example, give us money and we shall be comfortable and happy." People throughout the world deeply believe such things and act accordingly..What has this got to do with anonymity, and Alcoholics Anonymous?

We of AA ought to know. Nearly every one of us has traversed this identical dead end path. Powered by alcohol and self justification, many of us have pursued the phantoms of self importance and money right up to the disaster stop sign. Then came A.A.

We faced about and found ourselves on a new highroad where the direction signs said never a word about power, fame, or wealth. The new signs read, "This way to sanity and serenity. The price is self sacrifice."

Reprinted from Alcoholics Anonymous Comes of Age page 286 with permission of A.A.W.S. Inc

This does not represent the actual wording of Trad.11

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### No Regrets

Isn't it good at the end of the day, To look up to your HP and be able to say

"Dear HP, I helped someone today."

But isn't it sad if instead you must say

"Dear HP I hurt someone today, I drove nails a wee bit deeper & forgot that I am my brothers keeper."

Isn't it better when the day is done, to know that you have injured no one.

From the time of your waking, till you lie down to sleep, remember the promises that we should keep.

To love one another as HP loves us too, And you'll never regret any good that you do.

Anonymous

John could have written that though he didn't. "John was love" was in his obituary.

Rob showed us what vulnerability and honesty look like. A guiding light for us though too humble to admit it.

Rich saw a need & moved to fill it. The responsibility statement not mere words, rather an action statement.

This common welfare I am a small part of will forever be moved by all three of you.

Washington State East Area 92, District 7

## Host Committee For the April 2023 Pre-Conference Assembly

District 7 is honored to have been selected to host the April, 2023 Pre-Conference Assembly for Washington State East Area 92. We are looking for volunteers to join us on the Host Committee to help facilitate the assembly. All positions are open and include Chair, Co-chair, Treasurer, Secretary, Facilities, Registration, Panels/Speakers, Activities, Set-Up/Clean-Up, Sound/Projection, Housing, Volunteer/Hospitality, and more!

No previous District service is required, although it is helpful to have previously attended one or more Area Assemblies.

**Please join us at the upcoming District 7 Business meeting –  
Saturday February 12<sup>th</sup> at 1:30 PM at the LC Alano Club  
1435 Elm St. in Clarkston to become part of the team!**



WSEA 92

# DCM/GSR SCHOOL

FOR NEW AND OLD TRUSTED SERVANTS

SATURDAY, FEB 12TH 10:00 - 3:00

ZOOM MEETING ID: 872 8246 7583  
LOGIN PASSWORD: 566324

CLICK [HERE](#) TO LOGIN



**PRESENTED TO YOU BY:**

PAST DELEGATES

Rad M. Panel 58

Dolores E. Panel 64

Structure of the Conference *U.S. and Canada*

A.A. GROUPS

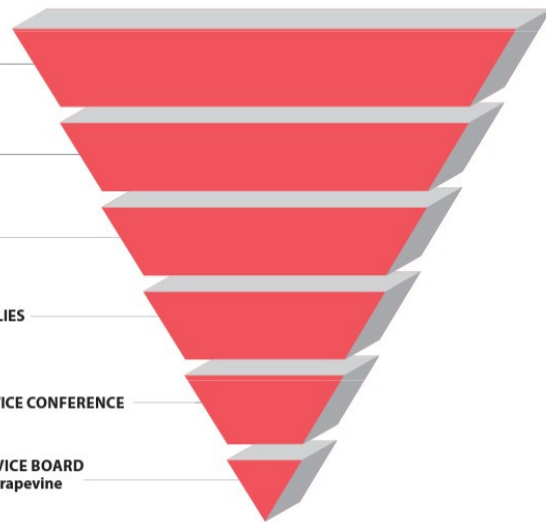
GROUP GSRs

DISTRICTS

AREA ASSEMBLIES

GENERAL SERVICE CONFERENCE

GENERAL SERVICE BOARD  
A.A.W.S. / AA Grapevine



**FOR MORE INFORMATION**

alt-delegate@area92aa.org  
Diana M. (509) 429-1683

Saturday, February 12th  
10:00 am - 3:00 pm



# PRAASA 2022

Hosted virtually by Oregon Area 58  
with Al-Anon participation  
MARCH 4-6, 2022

Please pre-register online at [www.praasa.org](http://www.praasa.org)  
OR

Fill out registration below and mail to:  
PRAASA 2022, PO Box 966, Clackamas, OR 97015  
(Mail in deadline is Feb 20, 2022)

REGISTRATION QUESTIONS – email [registration@praasa.org](mailto:registration@praasa.org) or call 503-389-8929

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Area #: \_\_\_\_\_

Access Needs: Spanish \_\_\_\_\_ ASL \_\_\_\_\_



Other Access Needs: \_\_\_\_\_

**AA Area/Service Position**  
Please circle all that apply:

|                |              |               |
|----------------|--------------|---------------|
| GSR            | DCM          | DCMC          |
| Alt GSR        | Alt DCM      | Alt DCMC      |
| Delegate       | Alt Delegate | Past Delegate |
| Trustee        | Past Trustee | Member        |
| Area Committee | GSB/GSO      |               |

Check here if this your first PRAASA ☐

Registration \_\_\_\_\_ @ \$15 = \$ \_\_\_\_\_

Other Contribution \$ \_\_\_\_\_

Total due \$ \_\_\_\_\_

To pay via check made out to PRAASA 2022, mail  
payment and this form to:

**PRAASA 2022, PO Box 966, Clackamas, OR 97015**

For Al-Anon Programming and Registration, visit <https://www.oregonal-anon.org/prasa-w-alanon>



WASHINGTON STATE EAST AREA 92  
**District 7**

# **GSR School**

**(Everyone is welcome, not just GSRs!)**

**Facilitated By Past Delegates:**  
**Guido (Area 18) and Gene D. (Area 92)**

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**SATURDAY, March 12**  
**10:00 to 10:30 AM – Fellowship**  
**10:30 AM to 1:00 PM – GSR School**  
**1:00 to 1:30 PM – Potluck**  
**(Taco Bar Provided, please bring a side or dessert)**  
**1:30 to 3:00 PM – Regular District 7 Business Meeting**

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**Lewis Clark Alano Club, 1435 Elm St., Clarkston, WA 99403**

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**Please come join us for fun and fellowship as we show you what it means to be a GSR, what happens at a District meeting, and what happens at an Area Assembly. Plenty of materials will be provided for your reading pleasure and we're sure to leave lots of time for you to ask questions of our past delegates and other trusted servants!**

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**For more information, please contact Jim B. (Alt. DCM)**  
**[alt-dcm7@area92aa.org](mailto:alt-dcm7@area92aa.org)**



## SAVE THE DATE

### APRIL PRE-CONFERENCE ASSEMBLY

APRIL 8<sup>TH</sup>, 9<sup>TH</sup> AND 10<sup>TH</sup> 2022

Hosted by District 8

Coeur d'Alene, Idaho

Registration forms and Accommodation listings coming soon!

Contact Catherine for more information

Call 1-619-980-6987

#### Area 92 Newsletter

**FIFTY-FIFTH ANNUAL SERVICE ASSEMBLY**

**SAVE THE DATE**  
**MARCH 4-6, 2022**

**WHAT IS PRAASA?** It is a 3 day program which includes panel presentations on the General Service Conference theme and agenda items, roundtable discussions for members to network with others who share their service position, open mic sharing, questions and Al-Anon participation.

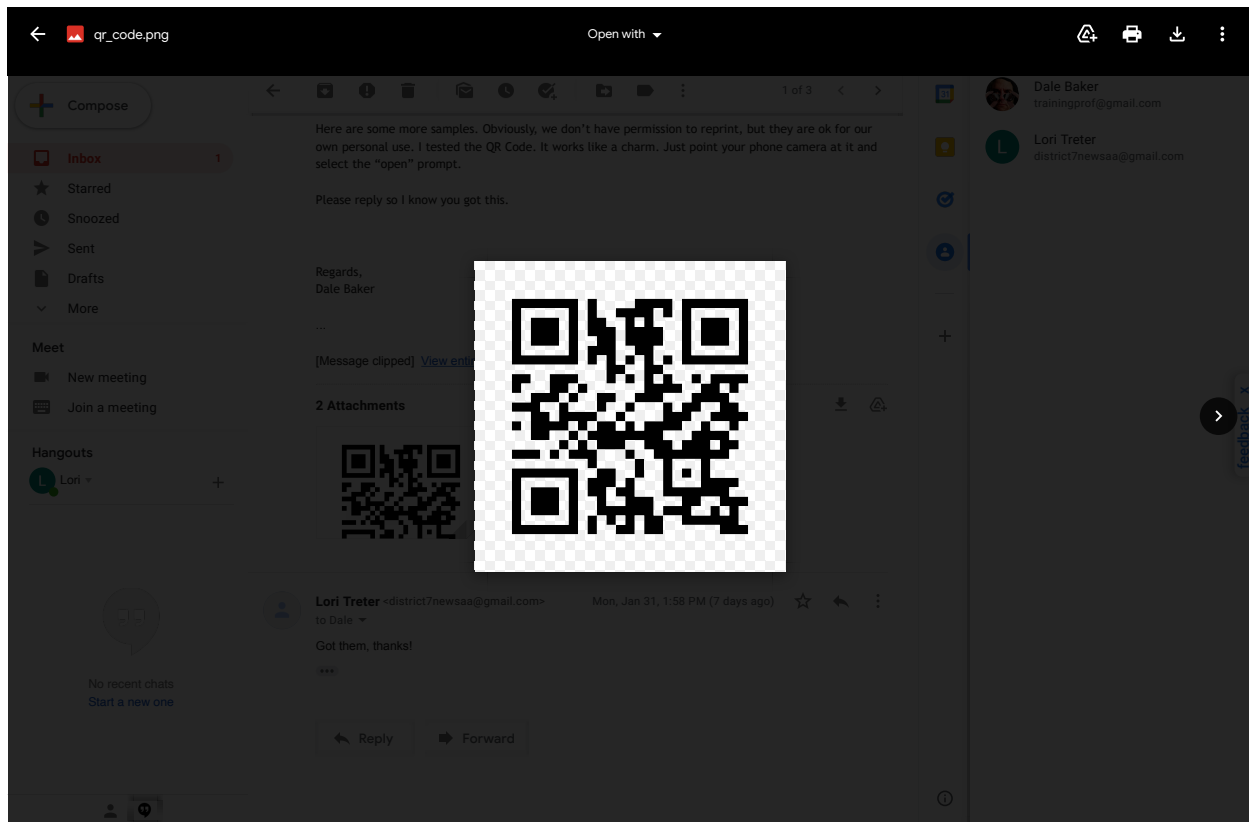
**WHAT IS PRAASA'S PURPOSE?** The purpose of PRAASA is to develop greater unity among the members, groups, and Areas of the Pacific Region to encourage the exchange of ideas and experiences, and to provide an opportunity for members to discuss pertinent aspects of AA. The Assembly and the PRAASA committee should always foster the Recovery, Unity and Service legacies of AA.

**AN EXPERIENCE YOU MUST NOT MISS!** Come join over 1,500 excited AA members from all over the Pacific Region and be part of this unforgettable event. ASL and Spanish translation available.

**WHY ATTEND?**

- To recharge your enthusiasm for service
- Panel of Past and Present Trustees
- Ask 'N' Barker
- It's in Oregon – first time since 2007!

**ALL AAs WELCOMED**  
**REGISTRATION IN THE FALL OF 2021**  
**WWW.PRAASA.ORG**



*Try this QR code out to be taken directly to the website.*

*If you would like on the emailing list for this newsletter drop me a line telling me so at  
[d7newsletter@gmail.com](mailto:d7newsletter@gmail.com)*

